

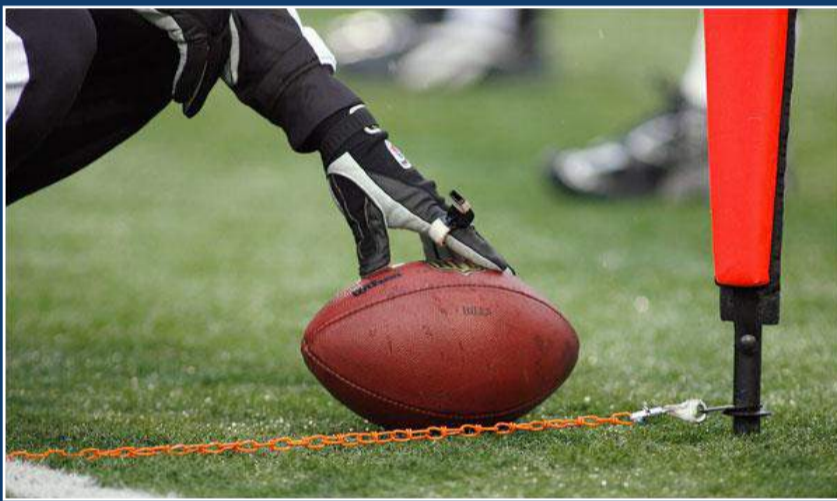
# Harms and Costs of Not Screening

Mark A. Helvie, MD  
Department of Radiology  
Comprehensive Cancer Center  
University of Michigan Health System

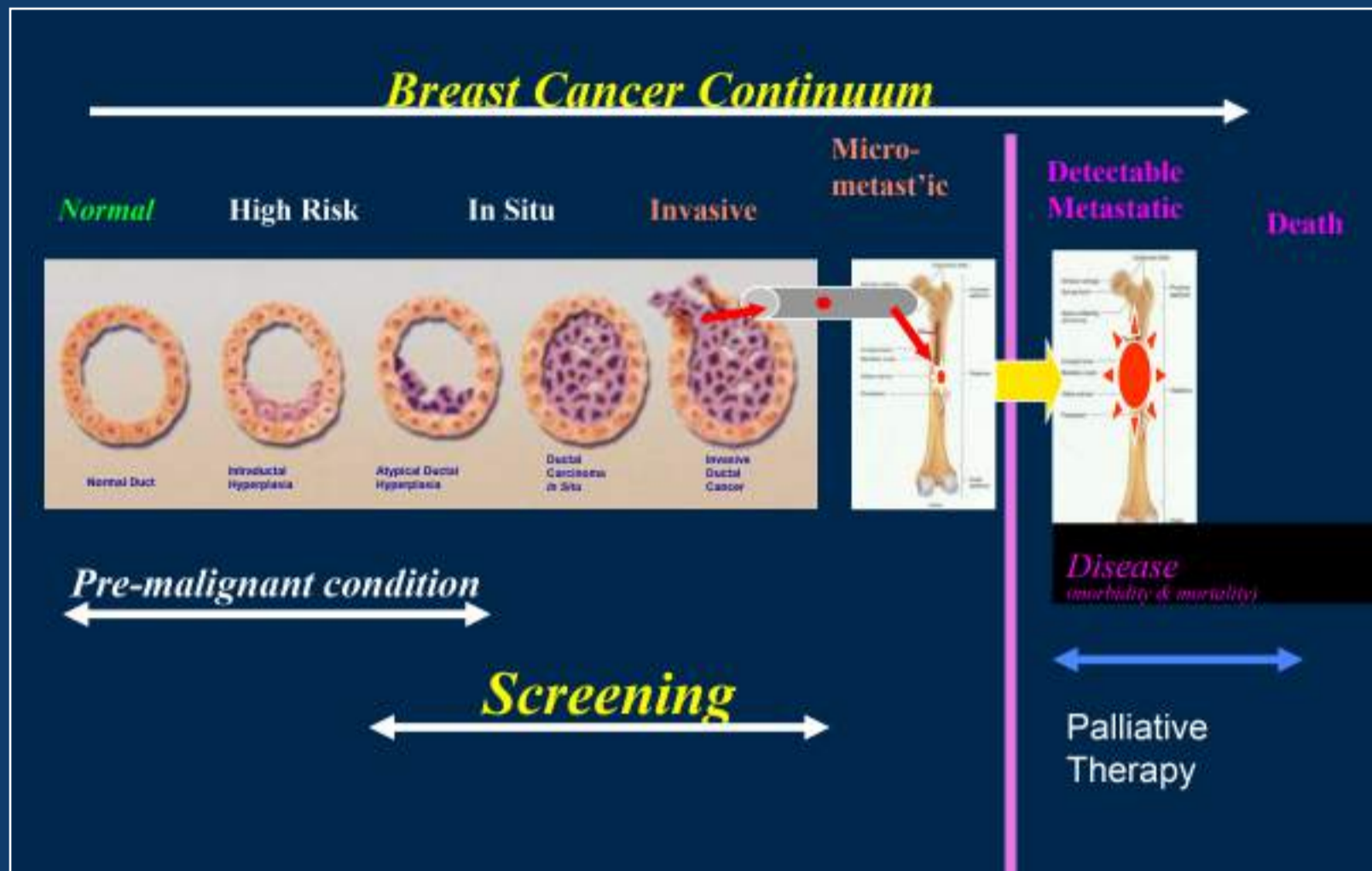
# Overview

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- Absence of screening does not mean absence of breast related problems
- There are harms of omission – that is of **not** screening
- Harms of omission should be considered along with harms of commission



# Breast Cancer Continuum

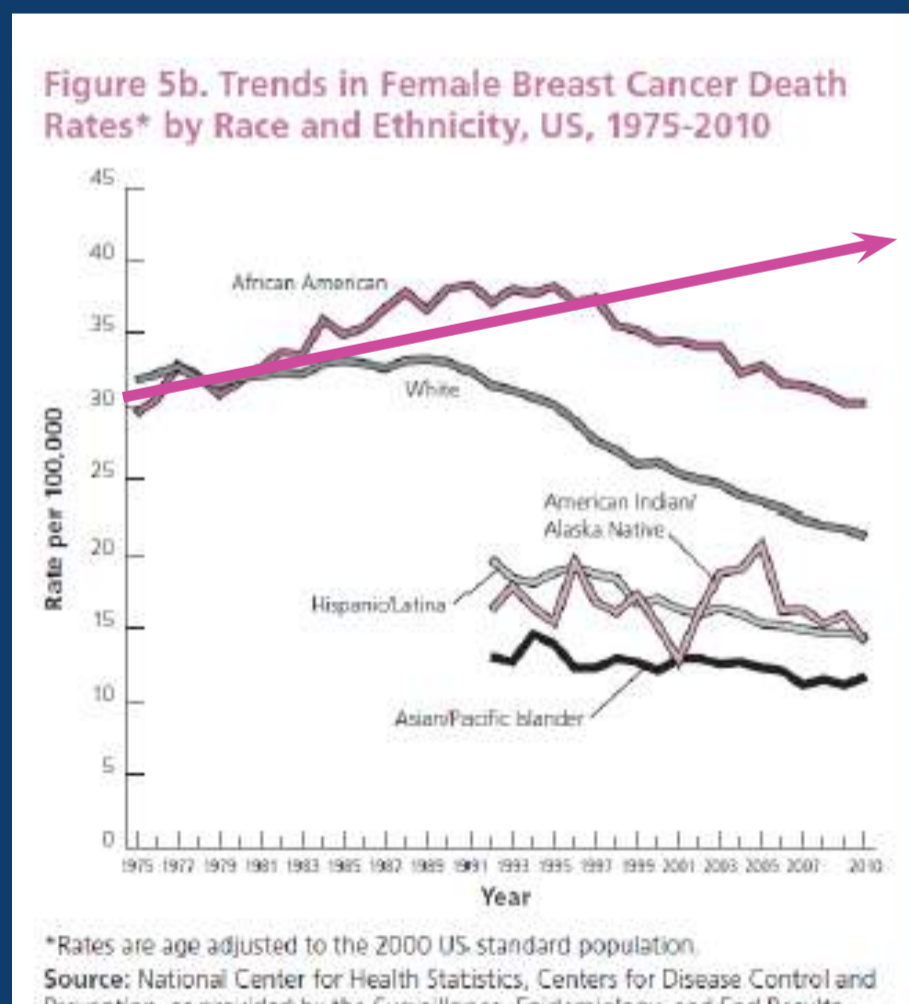


From D Hayes MD

# Mammographic Screening

- Screening mammography saves lives for women age 39-69 based upon meta analysis of 8 RCT
- Screening recommended for normal risk by all major groups but different opinions when to start/ frequency
- Imperfect test, "harms" exist
- Qualitative rating of benefit and harms - a value judgment regarding a human life

## USA Female Breast Ca Mortality Rate is now declining



-2 % / yr

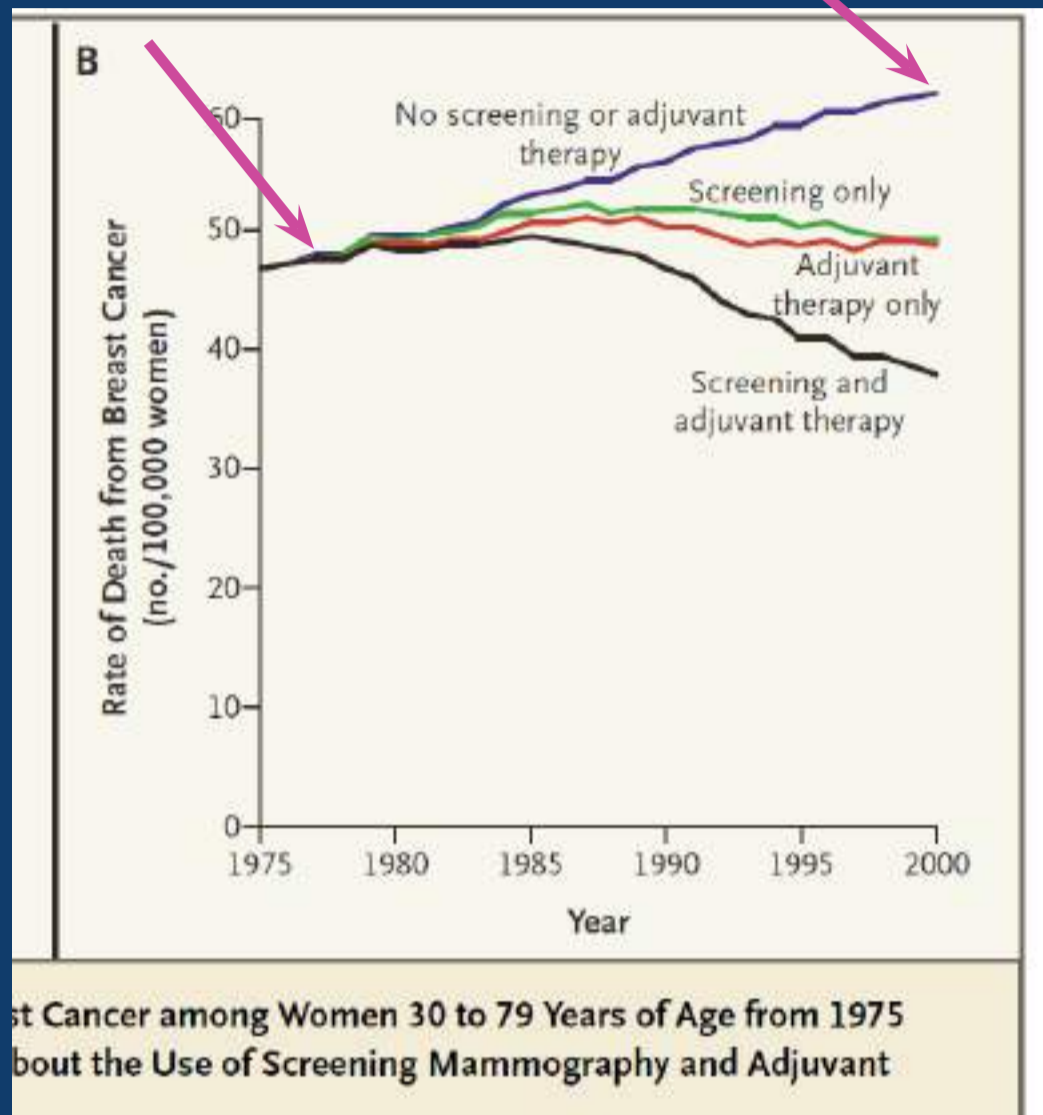
1990-2009 =  
33.2%

Screening and  
Treatment

Greater decline  
if Mortality  
trend used

ACS 2014

# USA Female Breast Ca Mortality Rate is now declining



-2 % / yr

1990-2009 =  
33.2%

Screening and  
Treatment

Greater decline  
if Mortality  
trend used

*Berry et al N Engl J Med 2005;353:1784-92.*

Latest world cancer statistics  
Global cancer burden rises to 14.1 million new cases in 2012:  
Marked increase in breast cancers must be addressed

## From 2008 to 2012, Breast Cancer Worldwide:

1. Incidence increased 20% (4% per year)
  2. Mortality increased 14% (3% per year)
  3. Most Common female cancer death: 522,000
- US data is divergent from world trends

## Harms of not Screening Harms of Omission

1. Under diagnosis/Death
2. Increased morbidity
3. FP – physical exam/bx
4. Costs: financial and human
5. Lack of identification and treatment of pre invasive breast cancer

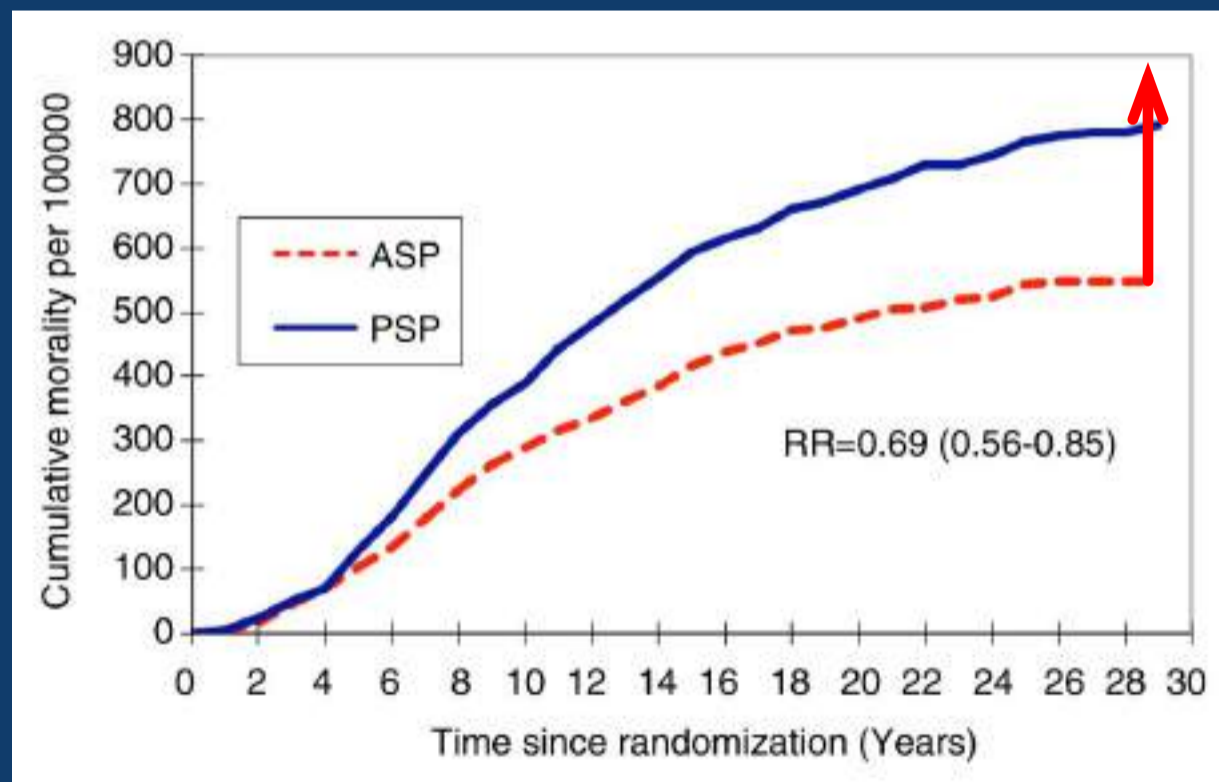
# Harms of not Screening Evidence: Lack of mortality reduction

- RCT (invitation NOT as treated)
- Service screening of populations
- Computer models (CISNET)

Breast specific mortality reduction

Life Years Gained or lives saved/1000

# Harms of not Screening Evidence: Lack of mortality reduction



Significant 20%  
reduction by  
meta-analysis  
8 trials

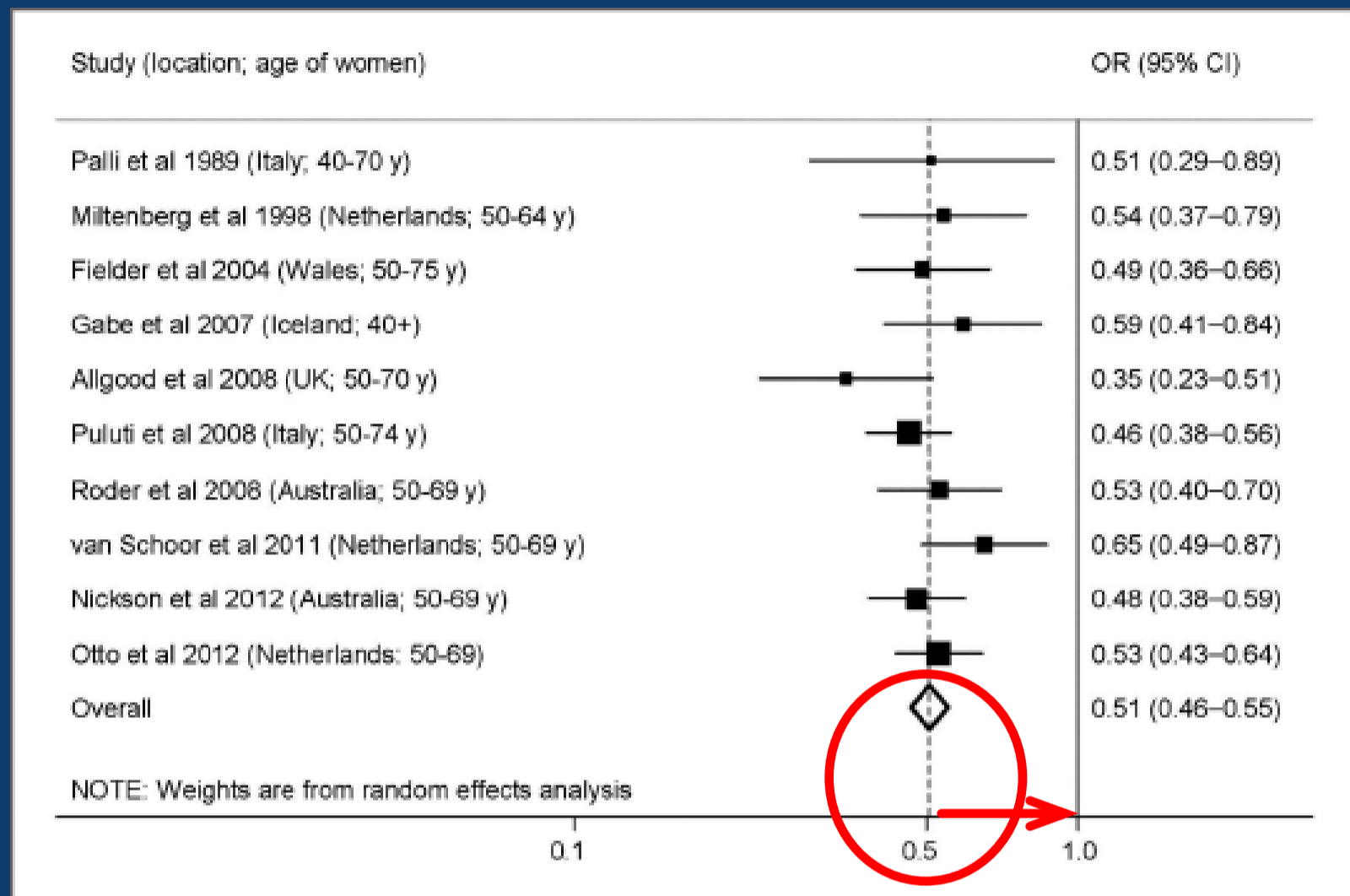
Excess  
deaths in  
non screened  
groups

Tabár L et al. *Radiology* 2011;260:658-663

**Radiology**

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# 10 observational studies: Meta-analysis 49% Mortality Reduction

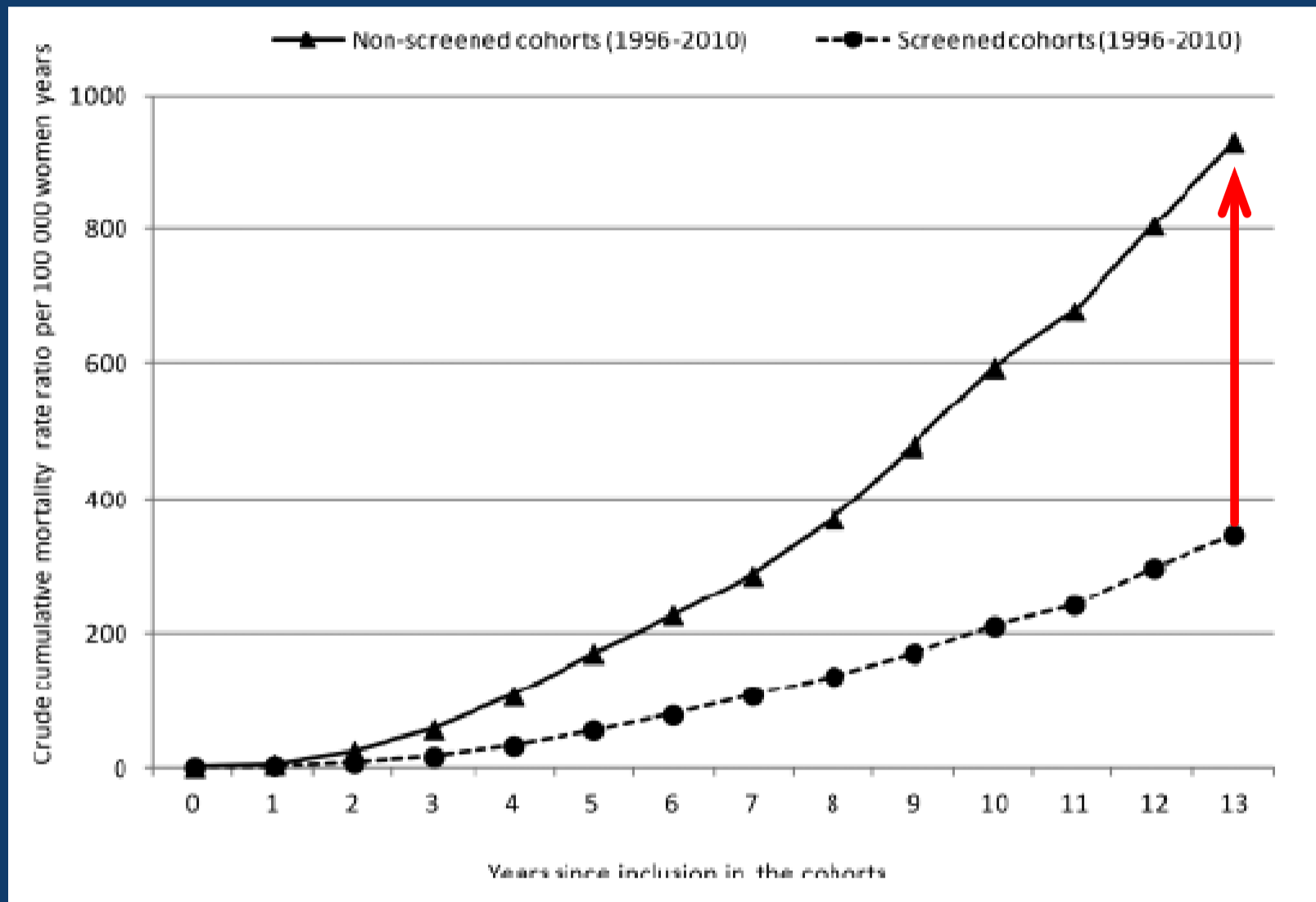


Nickson C et al. *Cancer Epidemiol Biomarkers*  
*Prev* 2012;21:1479-1488



©2012 by American Association for Cancer Research

# Breast cancer mortality in participants of the Norwegian Breast Cancer Screening Program (Cancer Registry of Norway)



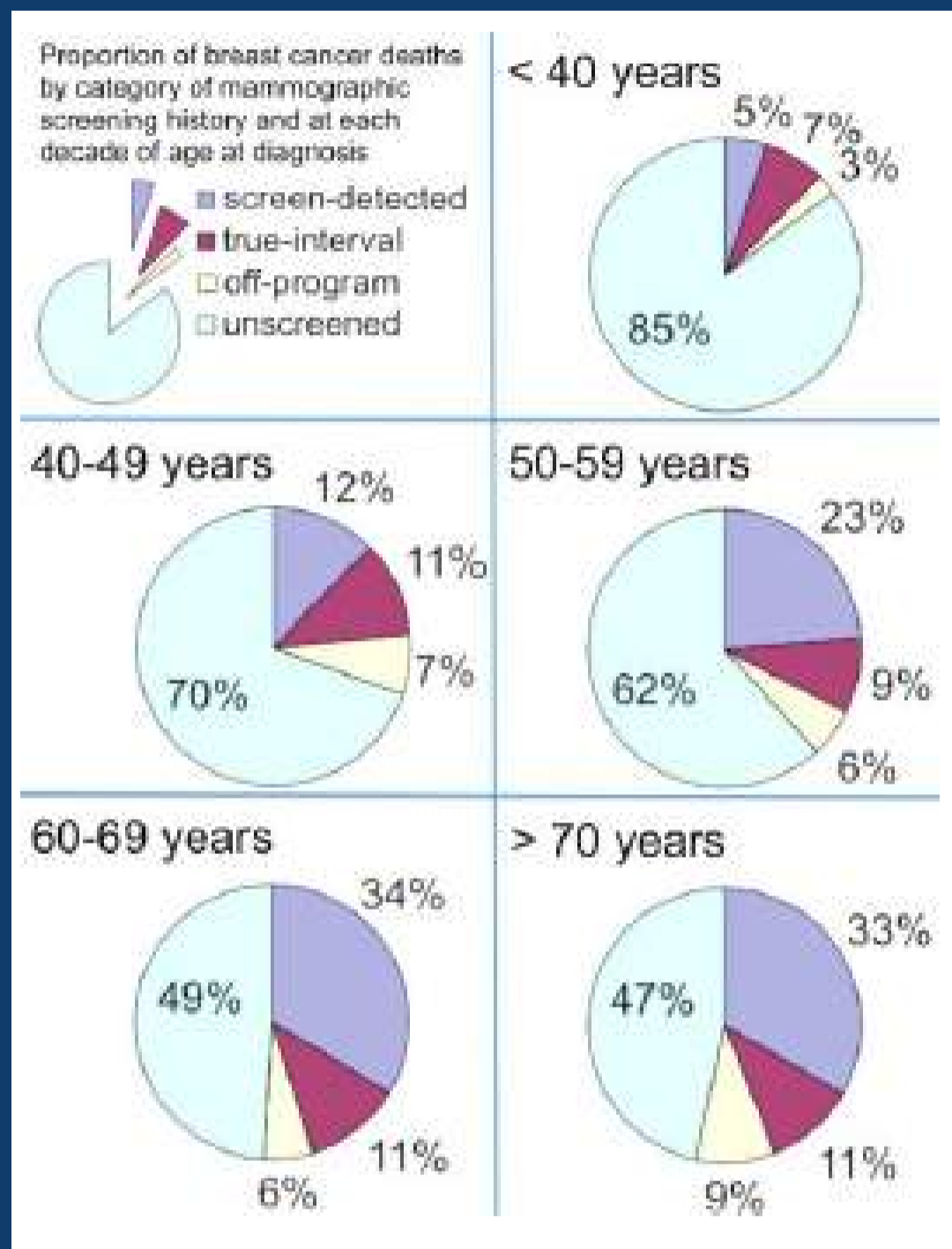
48% crude reduction

43% adjusted reduction

62% crude reduction at 13 yrs

*Hofvind et al Cancer 29 MAY 2013 DOI: 10.1002/cncr.28174*

# A failure analysis of invasive breast cancer



1990 -2007  
Partners  
HealthCare  
Boston

71% of deaths  
occurred in  
20% of women  
NOT screened  
(q 2 yr)

*Webb et al Cancer*

9 SEP 2013 DOI: 10.1002/cncr.28199

<http://onlinelibrary.wiley.com/doi/10.1002/cncr.28199/full#cncr28199-fig-0002>

# Less frequent Screening means higher mortality

## Biennial 50-74 vs Annual 40-84 (mean 6 CISNET models)

	LYG/1000	Mortality Reduction (%)
B 50-74	110	23
A 40-84	189	40
Difference(%)	79 (72%)	16.3 (71%)

*Hendrick and Helvie, AJR 2011 Derived from: Mandelblatt J S et al. Ann Intern Med 2009;151:738-747*

## Mortality reduction by screen frequency (UK) Less frequent screening means higher mortality

Screen Method	Mortality Reduction	Difference to A 40-73
50-70 triennial	16%	131%
40-73 triennial	20%	85%
40-73 annual	37%	-

*Source: Gunsoy, British Journal of Cancer (2014) 110, 2412-2419*

# Treatment Morbidity

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- In general, more advanced stage requires more treatment
  - Chemotherapy, hormonal therapy and full axillary dissection carries associated harms of treatment
- 

## Increase in late stage Cancer “Biennial” vs. Annual Screening

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	Biennial	Annual	Difference
Recall (10 yr)	42%	61%	47%
Biopsy (10 yr)	5%	7%	42%
Stage III/IV (age 40-49)	14.9	10.1	-32%*

\*Significant

Hubbard et al, *Ann Intern Med* 2011; 155

# Increased Morbidity Screen vs Palpable Detection Age 40-49

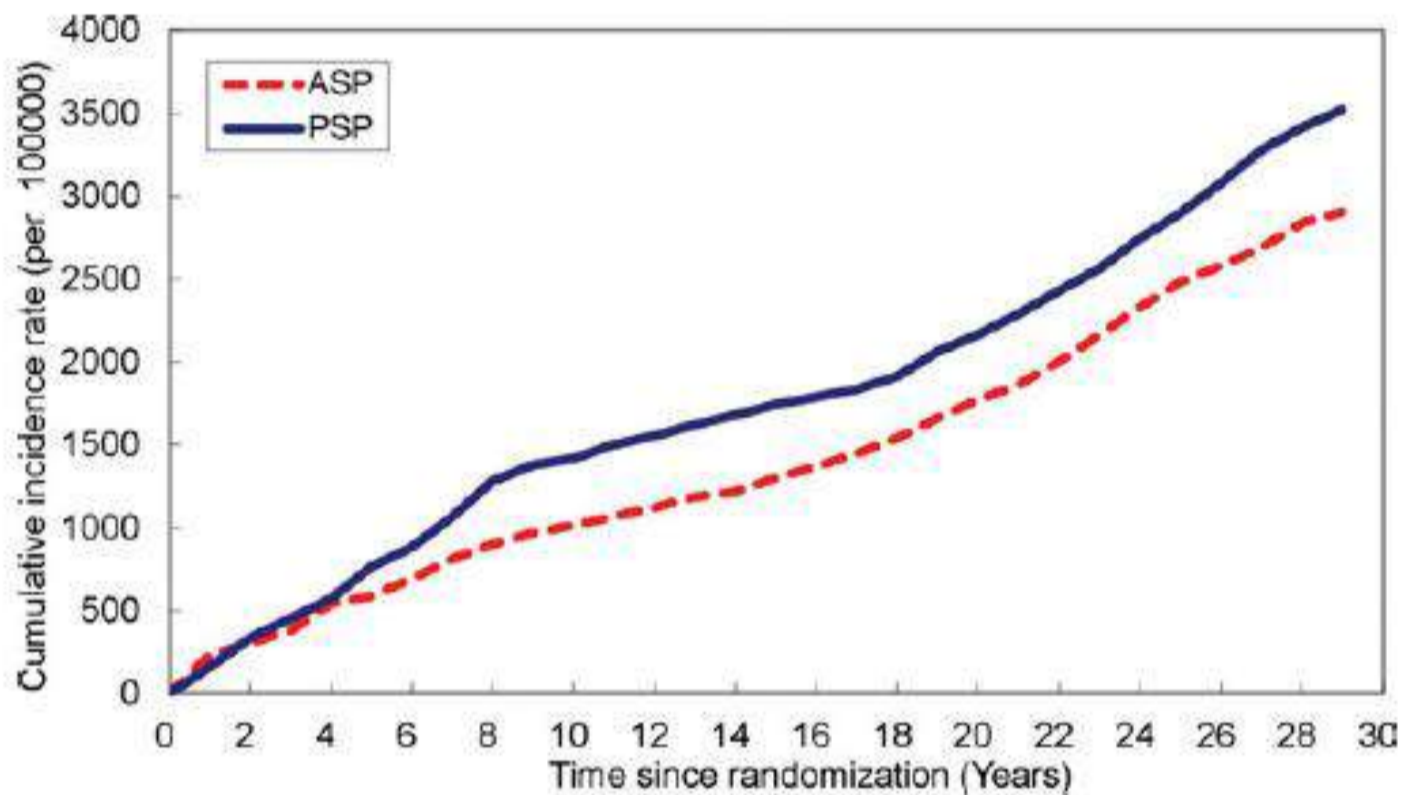
	Screened	Symptoms
Mastectomy	25%	47%
BCT	67%	48%
Chemotherapy	45%	81%

*Malmgren J A et al. Radiology 2012;262:797-806*

# Advanced Cancer more common in non screened

## RCT Blue = not invited (PSP)

Long-Term Incidence of Breast Cancer/Yen et al



**Figure 5.** Cumulative 29-year incidence of advanced invasive cancers (node positive or  $\geq 20$  mm or both) in the ASP and PSP, Dalarna County, Sweden.

*Yen et al Cancer. 2012 Dec 1;118(23):5728-32*

# Morbidity: Age 40-79, British Columbia

*Int. J. Cancer*: 120, 2185–2190 (2007)  
 © 2007 Wiley-Liss, Inc.

**A retrospective study of the effect of participation in screening mammography on the use of chemotherapy and breast conserving surgery**

Andrew J. Coldman<sup>1\*</sup>, Norm Phillips<sup>2</sup> and Caroline Speers<sup>3</sup>

46% less Chemotherapy among screened  
 47% higher use of BCT among screened

**TABLE V – REGULAR SMPBC PARTICIPANTS VERSUS NONSMPBC PARTICIPANTS OBSERVED AND MODEL-PREDICTED ODDS RATIOS OF USE OF BREAST CONSERVING SURGERY AND CHEMOTHERAPY WITH CONFIDENCE INTERVALS**

	Observed odds ratio (95% CI)	Age-adjusted odds ratio (95% CI)	Predicted odds ratio
Chemotherapy			
Nonparticipants	1.0	1.0	1.0
Participants	0.54 (0.42, 0.68)	0.53 (0.41, 0.69)	0.54
BCS			
Nonparticipants	1.0	1.0	1.0
Participants	2.2 (1.76, 2.78)	2.3 (1.79, 2.86)	1.47

## Breast Symptoms Evaluation: 10 yrs

- 1983-93, 2400 women Harvard HMO
- 23% symptoms
  - 32% for age 40s
- 6.5 % had invasive procedures
- 4% PPV per episode (96% False positive)
- Fewer (.59) symptom evaluation if mammo screened

*Elmore et al Ann Intern Med. 1999;130:651-657.*

# False Positive biopsies per 10 year period Annual Screening (age 40-79)

FP Biopsy 4.3-6.7%

or 149 – 233 years of screening per biopsy

Hendrick and Helvie, AJR 2011

Derived from: Nelson, et al. Annals of Internal Med. 2009:151

## Symptomatic Evaluations 10 year period

	Symptoms	Screen
Age 40-49	23%	
Age 50-69	32%	
FP Biopsy	5.5 %	5.5%
PPV Biopsy	15%	15-40%

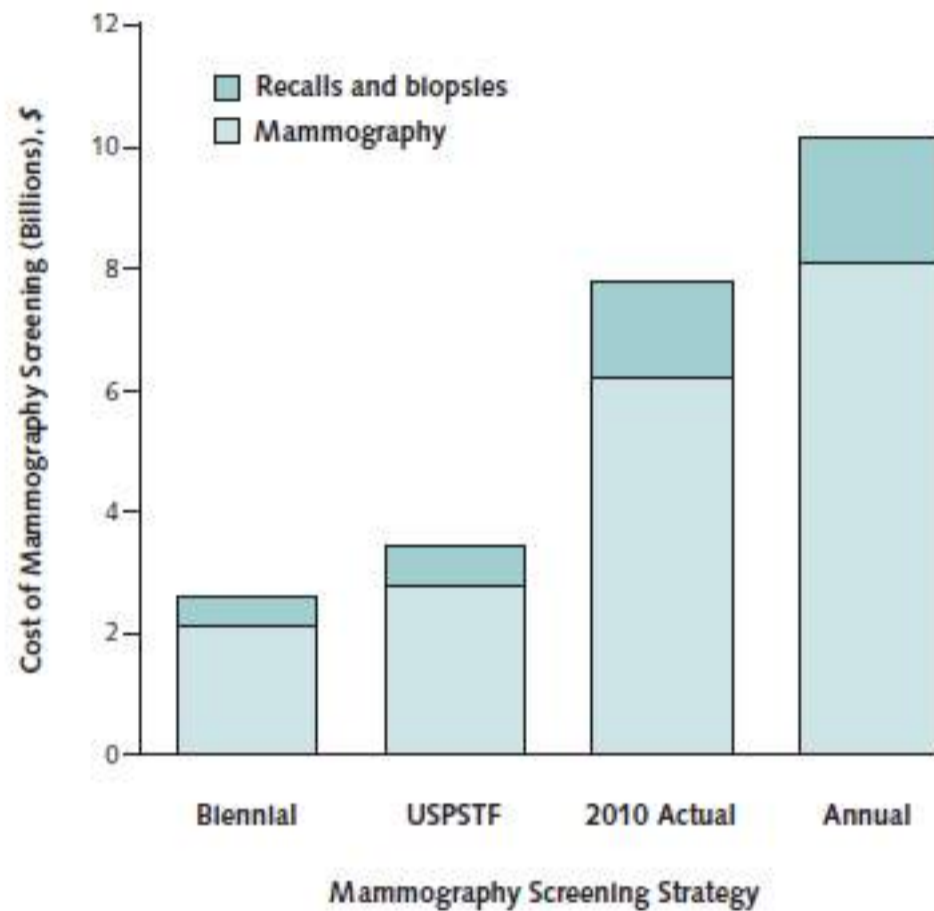
Derived from: Elmore et al Ann Intern Med. 1999;130:651-657,

\*Hendrick and Helvie, AJR 2011

# Aggregate Cost of Mammography Screening in the United States: Comparison of Current Practice and Advocated Guidelines

Cristina O'Donoghue, MD, MPH; Martin Eklund, PhD; Elissa M. Ozanne, PhD; and Laura J. Esserman, MD, MBA

Figure 1. Comparison of the costs of screening strategies per year.



Each bar represents the total cost of mammography screening per year, demarcating the costs from screening mammography and the subsequent recalls and biopsies. USPSTF = U.S. Preventive Services Task Force.

*Ann Intern Med.* 2014.;160:145-153.

# Cost of Not Screening

- Very complex financial analysis
- Cost of screening should not be isolated from downstream cost of not screening
- Cost of treating more advanced and metastatic disease
- Loss of economic productivity cost due to disability and death
- Human cost

Helvie MA. Ann Intern Med. 2014 Aug 19;161(4):304-5

Breast Cancer Res Treat (2012) 134:815–822

DOI 10.1007/s10549-012-2097-2

## EPIDEMIOLOGY

### The economic burden of metastatic breast cancer: a U.S. managed care perspective

Alberto J. Montero · Sara Eapen · Brian Gorin ·  
Paulette Adler

non-Medicare patient population. Assuming average PPPM costs of \$9,788 and an average life expectancy of 2.2 years, the total average expenditure to treat mBC would be ~ \$250,000 per patient.

Cost to treat metastatic Breast Cancer:  
**\$250,000 per patient**  
**(\$ 4 billion if 16,000 deaths averted)**

# Productivity Costs of Cancer Mortality in the United States: 2000–2020

Cathy J. Bradley, K. Robin Yabroff, Bassam Dahman, Eric J. Feuer, Angela Mariotto, Martin L. Brown

Table 2. Site-specific present value of lifetime earnings (PVLE) among adults 20 and older in 2010

Cancer site	PVLE, \$US	Percentage of total cost
Total (all cancers)	142373887175	100.00
Lung and bronchus	38953476028	27.36
Colon and rectum	12802283437	8.99
Female breast	10878840020	7.64

Breast Cancer Mortality Productivity cost:  
**\$10.9 billion**

## Employment and caregiver cost by Age at Death

- Age 40-44 \$1.6 million
- Age 50-54 \$1.1 Million
- Age 60-64 \$0.6 million
- Age 70-74 \$0.2 million

Table 1. Model inputs and average PVLE for the year 2000\*

Sex and age, y	No. of deaths	Mean person-years of life lost	Person-years of life lost	Percent employed	Percent employed full time	Percent employed part time	Annual mean full-time earnings, \$US	Annual mean part-time earnings, \$US	Mean PVLE, \$US	Proportion of persons living in households	Adjusted caregiving and household wages, \$US	Mean PVLE including caregiving and household wages in \$US
Females												
20-24	394	61.39	24190	73.3	69.0	31.0	27050	12188	1338188	91.5	9806	2230023
25-29	657	56.12	36870	77.1	82.0	18.0	39271	17694	1284081	99.2	13233	2142912
30-34	1378	51.07	70370	75.6	82.0	18.0	41308	18612	1167549	99.2	13233	1972799
35-39	3148	45.94	144600	75.8	80.0	20.0	43917	19788	1019631	99.5	15000	1767713
40-44	5956	40.93	243760	78.7	80.0	20.0	43917	19788	873166	99.5	15000	1551323
45-49	9442	35.98	339710	77.0	82.0	18.0	45954	20706	704211	99.3	14958	1309721
50-54	14010	31.18	436830	74.1	82.0	18.0	48182	21709	519640	99.3	14958	1050032
55-59	17675	26.57	469680	59.7	75.0	25.0	45572	20533	335524	99.3	16334	791482
60-64	22199	22.27	494290	39.1	75.0	25.0	43217	19472	179874	99.3	16334	555047
65-69	28540	18.29	522110	18.8	41.0	59.0	34115	15371	72285	98.1	15871	363558
70-74	37440	14.67	549330	9.7	41.0	59.0	32651	14712	33291	98.1	15871	240800
75-79	42004	11.37	477460	3.5	41.0	59.0	32651	14712	16821	87.3	13606	174422
80-84	36395	8.48	308500	3.5	41.0	59.0	32651	14712	11531	87.3	13606	114175
≥85	42777	5.30	226850	3.5	41.0	59.0	32651	14712	6144	87.3	13606	81229

J Natl Cancer Inst 2008;100:1763–1770

# Sweden age 40-49 Overdiagnosis

1% in situ plus invasive  
*negative 5% invasive*

Overdiagnosis in the population-based service screening programme with mammography for women aged 40 to 49 years in Sweden

Barbro Numan Hellquist, Stephen W Duffy, Lennarth Nyström and Håkan Jonsson

*J Med Screen* 2012;**19**:14–19  
DOI: 10.1258/jms.2012.011104

**Results** The prescreening incidence rate ratio was estimated at 0.92 (95% confidence interval [CI]: 0.88–0.97). The number of breast cancer cases and person-years were 6047 and 3.8 million, and 7790 and 5.2 million, in the study group and control group respectively during the study period. The RR estimate for all cancers was 1.01 (95% CI: 0.94–1.08) when adjusted for prescreening difference and a lead time of 1.2 years. The corresponding estimate for invasive breast cancers was 0.95 (95% CI: 0.88–1.02).

**Conclusions** We found no significant overdiagnosis for women aged 40–49 in the Swedish service screening programme with mammography.

Reduction in Late-Stage Breast Cancer Incidence in the Mammography Era

Observed vs projected (adjusted) incidence 1977-1979 to 2007-2009

	2007 to 2009	APC of 1.3%		
	Observed	Projected	Change	% Change
Early stage				
DCIS	58.4	9.2	49.2	537
Localized disease	181.2	152.6	28.6	19
Total	239.6	161.8	77.9	48
Late stage				
Regional	77.2	126.8	-49.6	-39
Distant	17.7	24.0	-6.3	-26
Total	94.9	150.8	-55.8	-37
Total invasive cancer	276.2	303.4	-27.2	-9
Total breast cancer	334.6	312.6	22.0	7

Abbreviations: APC, annual percent change;  
<sup>a</sup> Incidence indicates the number of cases per

Early 48%  
 Late -37%  
 Invasive -9%  
 All CA 7%

Helvie et al Cancer. 2014 Sep1;120(17):2649-56.

# Harms of Not Screening

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- RCT, observational, and computer models show mortality reduction among screened women age 40 and older
- The harms of omission should be considered with harms of commission
- The harms of omission include death, excess morbidity, costs, and possibly excess incidence of invasive cancer